

JUST DANCE INFORMATION & SCHEDULE



January 2023

1352 Matthew Spicer Rd., Copperas Cove, TX 76522

www.gymkix.com | (254) 542-2600

Our dance program is equipped with the newest and safest equipment and flooring available. Students that are brand new to dance will feel right at home and experienced students will have opportunities to challenge themselves.

What are some of the benefits of enrolling my child in a class at GymKix?

- Develops coordination
- Develops flexibility
- Develops strength and power
- Gains self-esteem and confidence
- Teaches goal setting



- Develops cognitive abilities to help in the classroom
- Develops skills to enhance other sports
- Best of all, it is tons of fun!

All GymKix dance classes will use age appropriate movements and music.

- **Kick Start Dance:** This is for the girls who like to twirl! This class will teach the basics of ballet, jazz, and creative movement. **Attire: Any style dance clothing, tights must be worn if legs are showing, black tap shoes and tan jazz shoes (available at GymKix).**
- **Just Ballet:** This class will focus on ballet as well as introduce contemporary and lyrical variations. **Attire: Leotard, tights, skirt/shorts may be worn over leotard, and pink ballet shoes (available at GymKix).**
- **Just Tap:** This class will focus on tap (acoustic and with music.) **Attire: Any style dance attire, tights worn if legs are showing, and black tap shoes (available at GymKix).**
- **Just Jazz:** This class will focus on jazz as well as variations such as musical theater and character. **Attire: Any style dance attire, tights worn if legs are showing, and tan jazz shoes (available at GymKix).**
- **Just Hip Hop:** This class is for the kids who just want to learn hip hop and music video style dancing. Class will focus on learning fun dances, body isolation/control, and strength. **Attire: Any style of dance or athletic clothing and comfortable tennis shoes.**
- **Acro Dance:** This class is a style of dance that combines classical dance technique with controlled tumbling elements. It mainly focuses on flexibility, strength and control. Dancers will learn variations of handstands, cartwheels, bridges, and incorporate dance elements. **Attire: All black, leotard/biketard, tights must be worn if legs are showing, shorts/leggings may be worn over leotard.**
- **High Velocity Dance & Drill Company:** Our invite-only competitive dance company is an opportunity to perform all year long. Auditions are held in the summer.

Ready to Enroll?

It's EASY!

1. Book your Tour and/or Enrollment appointment online or over the phone.
2. At your appointment you will fill out a quick registration form and make your first payment:
Family Membership Fee (\$45) + Monthly Tuition
3. Ensure your child has the correct clothing for class (we have plenty of affordable options in stock!)

Class	Monday	Tuesday	Wednesday	Thursday	Friday
Kick Start Dance Ages: 5 yrs.	4:00 - 4:45 pm			5:00 - 5:45 pm 5:45 - 6:30 pm	
Just Hip Hop Ages: 6 – 17 yrs					Level 1 4:30 - 5:15 pm
Just Jazz Ages: 6 – 17 yrs		Level 3 6:00 - 7:00 pm		Level 2 5:15 - 6:00 pm	Level 1 5:15 - 6:00 pm
Just Ballet Ages: 6 – 17 yrs		Level 3 5:00 - 6:00 pm		Level 1 4:30 - 5:15 pm Level 2 6:15 - 7:00 pm	Level 1 6:00 - 6:45 pm
Just Tap Ages: 6 – 17 yrs				Level 2/3 7:00 - 7:45 pm	Level 1 6:45 - 7:30 pm
Acro Dance Level 1 - 3			4:45 - 5:45 pm		
Acro Dance Level 4 - 6		7:15 - 8:15 pm			

MONTHLY TUITION

<u>Class Length</u>	<u>Monthly Tuition</u>
30 - 45 min.	\$78.75
1 hour	\$89.25
2 hour	\$135.25

Monthly Tuition Includes ONE class per week

••• **\$20 Discount** •••

On All Additional Children or Classes!

"My daughter absolutely loves the instructors at GymKix. This year was her first year for recital and she did amazing. The amount of time given to teaching is outstanding... I am extremely happy with the amount of progress she has made. Wouldn't pick any other gym in the area." - Ms. Austin

"She has gained so much confidence and poise. She tells us all the time that dance has helped her be brave." - Ms. Van Auken