



Welcome to the Royals Competitive Gymnastics Program for 2023 - 2024



CORE VALUES



KINGDOM LED

Our business is fully yielded to God; the true CEO of our company -
Matthew 6:33



FAMILY

Family first and family focused



POSITIVE COACHING

Providing positive, character building experiences allowing students to thrive and reach their full potential

MISSION

Create happy, healthy memories in children's lives.

VISION

GymKix is regarded as a family-focused environment, that has a positive influence on our members, staff and community.

Philippians 2:3

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves

Team Information:

Registration Season: May 1st – August 31st

First Class of the Season: Wednesday, June 7th

Competition Season: Varies by level/meet requirements (December – May 2024)

*** Mandatory Parent Meeting: April 3rd at 7:15 pm**

Colossians 4:6

Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.

Communication:

We believe that communication between the staff, parents, and athletes is very important. We will do our best to keep you informed in a timely manner. We want to hear from you! It is not always easy to contact your coach before, during, or after practice. In order to maintain an open line of communication, we will give you many avenues to contact us with your concerns and suggestions. You may always reach us through the team BAND and email:

GymKix Director: Stephanie Beveridge

Clothing: Carrie Harris

Royals Director: Brittany Byrd

Account/Finance: Trixie Bennett

NEW - Information will be distributed via BAND APP. We also must have your current e-mail at all times. Please make sure that any information is not going to your spam folder. **Front desk personnel are not able to answer team questions.**

We have a BAND app set up for Royals. Please click on the link and request to join. Only CURRENT Royals parents, students, and immediate family members will be permitted to join.



Royals Gymnastics

Welcome! Please join us to stay connected!

Scan this QR code and join!

Mark Your Calendars

Parent Meeting: April 3rd at 7:15 pm

XCEL Routine Learn/Refresh: Weekend in October TBA

Christmas Party: December 16, 2023

GymKix will be hosting a Christmas Party for all our competitive teams. This event is free for all gymnasts. They will exchange fun socks (\$5 max)

End of Season Celebration: May 2024 / Date TBA

At the end of the competition season, we will have a celebration to provide the gymnasts with their end of season awards. More information is TBA

SUMMER TRAINING SCHEDULE - Starts June 7th

Monday	Tuesday	Wednesday	Thursday	Friday
USAG (8-10) 8:00 am - 1 pm	USAG (8-10) 8:00 am - 1 pm		USAG (8-10) 8:00 am - 1 pm	USAG (8-10) 8:00 am - 1 pm
XCEL Platinum USAG (6) 8:00 am - 12 pm	XCEL Diamond 8:00 am - 1 pm		XCEL Diamond 8:00 am - 1 pm	XCEL Diamond 8:00 am - 1 pm
USAG (4) 10:00 am - 1 pm	XCEL Platinum USAG (6) 8:00 am - 12 pm		XCEL Platinum USAG (6) 8:00 am - 12 pm	USAG (4) 10:00 am - 1 pm
XCEL Silver 5:00 - 8:00 pm	XCEL Gold 5:00 - 8:00 pm		XCEL Gold 5:00 - 8:00 pm	XCEL Silver & Gold 5:00 - 8:00 pm

FALL TRAINING SCHEDULE - August 1st

Practices are held Monday, Tuesday, Thursday, Friday. Practice days will vary based on your gymnast's level.

Morning Royals (open to all levels and Xcel):

11:00 am - 3:00 pm

Evening Royals (open to all levels and Xcel):

5:00 - 8:30 pm

2 Chronicles 15:7

But as for you, be strong and do not give up, for your work will be rewarded.

ROYALS MONTHLY TUITION

Please note: Gymnasts are NOT permitted to arrive or stay more than 10 minutes before/after their scheduled practices.

Gymnasts are also not permitted to attend non-scheduled days. Example: Gymnast cannot attend evening class because she missed her morning class.

Weekly Training Hours	Monthly Tuition
6	\$259
7	\$269
8	\$279
9	\$289
10 ½	\$310
12	\$339
14	\$359
15	\$369
16	\$400
20	\$445
25% tuition discount for sibling in Royals	

ROYALS TEAM/MEET FEES

Meet fees are calculated for the whole season and divided into **9 payments due June 16th – February 16th**.

All team members are required to have an auto-debit form on file. All team and meet fees are non-refundable. All meets are considered mandatory (unless there is an injury/illness - doctor note required in order to get an exception from TAAF).

Team/Meet Fees Include: Meet Fees, Coaching Fees/Travel, Coaching Professional Development, Routine Learn/Refresh Clinic (XCEL TAAF), In House Ranking Meet, End of Season Celebration.

USAG Regional and National meet fees will be determined later in the season and **paid separately for those that qualify (Estimate \$300 - \$1,500). The entry fee is paid after you qualify.**

XCEL (TAAF):

Annual Team Fee: \$190 | *Late fee of \$100 may be applied after April 30th*

Meet Fees: 9 payment of \$85
Includes: 3 Required Meets, 1 In House Ranking Meet, & State

USAG (Levels 4 - 10):

Annual Team Fee: \$230 | *Late fee of \$100 may be applied after April 30th*

Optional Meet Fees*: 9 payments of \$178
Includes: 4 USAG Meets, 1 NGA Meet, 1 In House Ranking Meet, & State

Compulsory Meet Fees*: 8 payments of \$178 & 1 payment of \$58
Includes: 4 USAG Meets, 1 NGA Meet, & 1 In House Ranking Meet

Clothing:

We are using the same leotard as last season. Price will be \$149 for those needing one. These will be paid for and sized in the first week of August during fall training. Other mandatory items will be announced during the summer/fall (practice leotard, capri pant, slides, back pack, etc..)

Timothy 2:5

An athlete is not crowned unless he competes according to the rules.

Code of Conduct and General Regulations:

These regulations apply to parents, spectators, and the gymnasts:

Act professional at all times, at all locations. You will receive one warning from the director and then you will be removed from the program.

As a member of the Royals, you will show the utmost respect to teammates, visitors, coaches, staff, family members, and competitors.

Show commitment and loyalty towards the team and its members. Team unity is crucial.

Demonstrate a positive attitude, and a genuine desire to strive for excellence.

Bullying, profanity, abusive language, and inappropriate photos or behavior are not allowed. This includes Tik Tok, Facebook, Instagram, SnapChat, texts etc. ANYONE violating this policy may be immediately removed by the director. **This is a ZERO tolerance area. (Think twice before you post)**

Negative attitudes and disrespecting coaches and/or team members whether in person or online will not be tolerated and will result in immediate discipline and potential dismissal.

Additional misconduct subject to disciplinary actions or dismissal includes but is not limited to the following: any conduct which constitutes a danger to any person's health, safety, or person's well-being, such as physical abuse or threat of abuse; any behavior which is obscene, lewd, indecent, violent, excessively noisy, disorderly, or anything that unreasonably disturbs other groups or individuals.

During practice there is NO food, soft drinks, cell phones, or gum chewing at any time. Water bottles with a closable lid are the only authorized drinks during practice.

When viewing practices, please do not coach/communicate to your child through the window.

Parental/Guardian Obligations:

Scan to Register



Responsible for bringing your gymnast to practices, performances, and events on time unless an arrangement with the director has been made prior to the event. Excessive absences will be a factor in determining your child's placement within the Royals training groups.

Hotel & travel arrangements (if desired) are the responsibility of the parents - this includes travel costs such as food, hotel expenses, and souvenirs.

Responsible for attending parent meetings.

Responsible for assisting coaches in the promotion of positive reinforcement. Please emphasize a positive attitude with your athlete at all times.

Read, understand, and apply (as needed) the information posted on our BAND group and the Royals Handbook.