



1352 Matthew Spicer Rd., Copperas Cove, TX 76522 | www.gymkix.com | (254) 542-2600

Our Early Childhood Development classes are equipped with the newest and safest equipment. Students that are brand new to GymKix will feel right at home! Our classes are centered around excellent, progressive training which incorporates color recognition, language development, spatial relations, music awareness, measurements and counting skills. Students will learn how to listen and follow instructions and wait for their turn. They will celebrate achievements and encourage their classmates. Our goal is to provide fun, quality physical activities that foster the important neural development of our amazing students.

What are some of the benefits of enrolling my child in an Early Childhood Development Class?

- Develops Coordination
 - Develops Flexibility
 - Develops Strength and Power
 - Improves Self-esteem and Confidence
 - Nurtures Fine/Gross Motor Skills
 - Improves Cognitive Function in Preparation for School
 - Develops Skills to Enhance Other Sports
 - Best of all, it is tons of fun!
- **Explorer Classes - 2 year olds:** The goal of our Explorer Classes is to provide fun, quality physical activities that foster the important neural development of our amazing two-year-olds! They are gaining independence and our Explorer classes are designed to capitalize on their constantly improving physical, cognitive and language development. The Explorers will work on developing synchronization, hold and balance on alternate feet, roll forward, sideways and backwards on a wedge with a help; and transfer weight from feet to hands and back.
 - **Tot Classes - 3 year olds:** These kiddos are ready to move! These classes are designed to provide skill development on equipment and introduce more structure within the class environment. They will work on forward rolls, straddle rolls and cartwheels (carts for ninja). They will be introduced to instructions that incorporate spatial, sequential and directional cues. They will also continue to develop an understanding of differences in color, shape, size and color. Many of the same games, songs, and activities they worked on as Explorers will be incorporated in this class.
 - **Little Classes - 4 year olds:** It's almost time for the big gym! This class will focus on all the elements of the previous classes but with even more structure and focus on following instructions. They will be learning more skills and be encouraged to work independently at stations.
 - **Princess Dance & Gym - 3 & 4 year olds:** Our GymKix Princess Dance Academy features new princess themes, dances, and activities every month (including themed sticker charts and certificates!) Dancers will learn ballet, tap, and creative movement and then they will spend time learning tumbling and gymnastics in our Discovery Gym.
 - **Kick Start Princess Dance & Gym - 5 & 6 year olds:** Just like our beloved Princess Dance & Gym class — but leveled up! This class is designed for older students, with a little more focus and exciting new skills added to match their age and ability

Early Childhood Class Schedule



- **Attire for Explorer, Tot, and Little Classes:** Comfortable Athletic Clothing (no jeans or dresses). Girls can also wear leotards or biketards.
- **Attire for Princess Dance & Gym:** Dance leotard, footless/convertible tights, ballet, and tap shoes

| Class | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------|
| Explorers <i>Gym & Ninja Combo</i> Age: 2 years | 3:30 - 4:00 pm 4:00 - 4:30 pm | | 3:30 - 4:00 pm | 5:00 - 5:30 pm | |
| Tots <i>Gym & Ninja Combo</i> Age: 3 years | 4:00 - 4:30 pm | 3:30 - 4:00 pm | | 3:00 - 3:30 pm | |
| Little <i>Gym & Ninja Combo</i> Age: 4 years | | 4:00 - 4:45 pm | 4:00 - 4:45 pm 5:00 - 5:45 pm | | |
| Princess Dance & Gym Ages: 3- 4 yrs | 4:45 - 5:45 pm 5:45 - 6:45 pm | 4:45 - 5:45 pm 5:45 - 6:45 pm | | 4:00 - 5:00 pm 6:00 - 7:00 pm | 4:30 - 5:30 pm |
| Kick Start Princess Dance & Gym Ages: 5 - 6 yrs | | | | | 5:30 - 6:30 pm |

LET'S GET STARTED!

SCAN

<https://gymkix.com/enrollment/>

Dayna Beck ★★★★★

"They work great with our little one. She's always excited to go to her classes and can't wait to show off her new moves. They do an awesome job keeping us informed on her progress and the decorations changing every month is exciting."

Haley ★★★★★

"We love GymKix! Going here is always the highlight in my daughters week! Everyone is friendly, the coaches are great, and the service is wonderful!"

★ CLASS TUITION ★

Monthly Tuition includes ONE class per week

| Class Length | Monthly Tuition |
|---|-----------------|
| 30 - 45 minutes | \$88.25 |
| 1-hour | \$99.25 |
| ●●● \$20 discount for additional children/classes ●●● | |

