



CHEER ANGELS PROGRAM

PARENT PACKET

2026 - 2027 SEASON

We Are Family. ♥



KINGDOM LED
MATTHEW 6:33



FAMILY
FAMILY FIRST &
FAMILY FOCUSED



POSITIVE COACHING
BUILDING CONFIDENCE.
INSPIRING POTENTIAL.

GYM KIX ANGELS

TWO PATHS. ONE FAMILY.

CHOOSE THE CHEER EXPERIENCE THAT'S RIGHT FOR YOUR ATHLETE.

SCOUTING CLINIC & TEAM PLACEMENT



AGES 4-5

Athletes ages 4-5 are eligible for **Shooting Stars** only and do not need to attend the scouting clinic.



AGES 6-12

Athletes ages 6-12 who want to join Cheer Angels should attend the Scouting Clinic before registering. This allows our coaches to recommend the best team placement based on age, skill, readiness, and desired level of commitment.



SCOUTING CLINIC

For athletes ages 6-12

August 22

11:00 AM-12:00 PM

\$20 • Enroll at front desk.

If your athlete cannot attend the scouting clinic, you may schedule a FAB15 with a cheer coach for placement.

★ **Silver Wings consideration:** Athletes who want to be considered for Silver Wings must attend the Scouting Clinic or complete a FAB15 placement.



SHOOTING STARS

Show Team

AGES 4-12

A fun, encouraging cheer experience with a lower time commitment.



12-WEEK
FALL SESSION
Sept - Dec



12-WEEK
SPRING SESSION
Jan - Apr



1 PRACTICE
PER WEEK



1 PERFORMANCE
PER SESSION

★ CHOOSE ONE SESSION OR BOTH ★

Families may register for Fall only, Spring only, or both sessions.

INVESTMENT PER SESSION



\$199

Uniform &
Performance Fee
Due at registration



\$299

Fall Tuition
Due October 15



\$299

Spring Tuition
Due February 15



IMPORTANT FOR FAMILIES REGISTERING FOR BOTH SESSIONS
If your athlete participates in both sessions, you will complete a new registration for Spring, and the Uniform & Performance Fee applies to each session. (\$99 only if you have the uniform)



SILVER WINGS

Pre-Team Competitive Track

AGES 6+

Designed for athletes who are ready for a full-season experience, more performance opportunities, and continued skill growth in a team environment.



SEPTEMBER - APRIL SEASON



1 HOUR PRACTICE PER WEEK



3 PERFORMANCES DURING THE SEASON

SILVER WINGS PLACEMENT GUIDELINES

Athletes must be age 6+ and complete the Scouting Clinic or a FAB15 placement to be considered for Silver Wings.

RECOMMENDED MINIMUM SKILLS:

✓ Forward Roll ✓ Cartwheel ✓ Roundoff

ALL-INCLUSIVE SEASON INVESTMENT

\$1,100

TOTAL SEASON COST

INCLUDES:

✓ Uniform
✓ Performances
✓ Tuition

PAYMENT SCHEDULE



\$275

Due at
Registration



\$275

Due
October 15



\$275

Due
January 15



\$275

Due
March 15

NEXT STEPS

AGES
4-5



1 ENROLL IN ONE
OF THE PRE CLINICS
(OPTIONAL BUT
RECOMMENDED)



2 REGISTER
FOR SHOOTING STARS

AGES
6-12



1 ENROLL IN ONE
OF THE PRE CLINICS
(OPTIONAL BUT
RECOMMENDED)



2 ATTEND THE
SCOUTING CLINIC



3 RECEIVE TEAM
RECOMMENDATION
*Shooting Stars
or Silver Wings*



4 REGISTER
FOR YOUR
RECOMMENDED
TEAM



5 REGISTRATION FEE
AND FUTURE
SCHEDULED PAYMENTS
WILL BE ADDED TO
YOUR ACCOUNT AFTER
REGISTRATION.

GYM KIX ANGELS

YOUR SEASON AT A GLANCE



SCOUTING CLINIC *For athletes ages 6-12*

August 22 | 11:00 AM-12:00 PM | \$20 • Enroll at front desk.

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Athletes who want to be considered for Silver Wings must attend the scouting clinic or complete a FAB15 placement.



SHOOTING STARS

Show Team

FALL SESSION



UNIFORM FITTING

September 10
Times TBA

NEW DAYS:
Wed. Sept 9th
Wed. Sept 16th



PRACTICES BEGIN

September 17
Time TBA



FALL TUITION DUE

October 15 - \$299



NO PRACTICE

Thanksgiving Week



PERFORMANCE

DECEMBER 13

New Braunfels, TX



TEAM CELEBRATION

December 17

SPRING SESSION



UNIFORM FITTING

January 7
Times TBA



PRACTICES BEGIN

January 14
Time TBA



SPRING TUITION DUE

February 15 - \$299



NO PRACTICE

CCISD Spring Break



PERFORMANCE

APRIL 10

San Antonio, TX



TEAM CELEBRATION

April 15



SILVER WINGS

Pre-Team Competitive Track



UNIFORM FITTING

September 10
Times TBA

NEW DAYS:
Wed. Sept 9th
Wed. Sept 16th



PRACTICES BEGIN

September 17
Time TBA



TUITION DUE

October 15 - \$275



NO PRACTICE

Thanksgiving Week



PERFORMANCE #1

DECEMBER 13

New Braunfels, TX



HOLIDAY TEAM CELEBRATION

December 17



PRACTICE RESUMES

January 7



TUITION DUE

January 15 - \$275



PERFORMANCE #2

FEBRUARY 20

Salado, TX



TUITION DUE

March 15 - \$275



NO PRACTICE

CCISD Spring Break



PERFORMANCE #3

APRIL 10

San Antonio, TX



END OF SEASON TEAM CELEBRATION

April 15



All dates are subject to change.



SCAN ME!



Ready to Register?

Please scan the QR code and select the applicable registration button at the top.

Shooting Stars ages 4-5: Register during any open enrollment time

Athletes ages 6-12: Please wait until after the scouting clinic and team placement recommendation before registering

The Cheer Angels Difference

Overall, the primary distinctions between our GymKix Cheer Angels and other “elite-focused” programs lie in the emphasis on enjoyment and personal development versus the pursuit of elite-level achievements, as well as the balance between manageable commitments and high demands on time and resources.

The Cheer Angels program stands out by offering a fun experience without the extreme time, financial, and pressure commitments associated with elite-level programs. Our focus is on fun, growth, and balanced participation, allowing athletes to thrive and develop skills they can carry into other activities or sports, such as school cheer, dance, or even volleyball.

GymKix Cheer Angels (Cheer Experience Program):

- There are opportunities for every child, including those who may not fit the typical mold of an “elite cheerleader”.
- Emphasizes fun, skill development, and personal growth.
- Provides a supportive and encouraging environment for athletes of all levels.
- Offers a flexible training schedule to accommodate other commitments and interests.
- Focuses on building teamwork, sportsmanship, and camaraderie among team members.
- Coaches prioritize the well-being and overall development of each athlete over winning medals or trophies.
- Financial and time commitments are manageable and reasonable, making the program accessible to a wider range of athletes.
- Athletes can expect to gain skills that will highly benefit them whether they stay in the sport of gymnastics or decide to transition to middle/high school sports such as dance, cheer, or even volleyball!

Other Traditional “Elite- Focused” Programs:

- Centers around intense training and competition schedules, often requiring significant time and financial commitments.
- Places a heavy emphasis on achieving high-level skills and winning competitions.
- Training sessions are rigorous and demanding, often involving long hours of practice and conditioning.
- Coaches may adopt a more strict and disciplined coaching style to push athletes to their limits.
- Athletes may experience high levels of stress, pressure, and burnout due to the competitive nature of the program.
- Participation in out-of-state competitions is common
- Athletes may face strict selection criteria and intense competition within the program, leading to a highly competitive and stressful environment.
- It is very difficult for athletes to participate in other sports while in an elite level cheerleading program due to the rigorous practice and competitive schedules.

Philippians 2:3

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves

What your child will gain by participating in Cheer Angels:

In our cheer experience program, athletes can achieve several significant milestones and accomplishments, including:

- **Skill Development**

Athletes build a strong foundation in cheer skills, including motions, jumps, stunts, and basic tumbling. Our program focuses on age-appropriate progress—each child moves at their own pace while developing coordination, confidence, and control.

- **Performance Experience**

Rather than high-stress competitions, our athletes perform at local events and showcases. These fun, low-pressure opportunities allow them to shine in front of an audience, build stage presence, and experience the excitement of performing as a team.

- **Teamwork & Sportsmanship**

Our cheerleaders learn how to work as one unit—supporting, encouraging, and celebrating each other. We emphasize positive team culture, mutual respect, and handling both wins and challenges with grace and grit.

- **Personal Growth**

Cheer Angels gain more than skills—they grow in confidence, learn to set goals, and practice perseverance. From learning a new routine to stepping onto the mat with courage, athletes develop resilience and self-esteem that carry into all areas of life.

- **Fitness & Health**

Cheerleading is a full-body workout! Through stunting, dancing, jumping, and stretching, athletes improve their strength, flexibility, balance, and endurance—all while having fun and staying active.

- **Social Connections**

Athletes build meaningful friendships with teammates and coaches in a positive, supportive setting. Our practices are filled with encouragement, laughter, and team spirit—creating lasting memories and a sense of belonging.

Colossians 4:6

Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.

**** IMPORTANT** Communication:**

At GymKix, we believe that strong teams are built on open, respectful communication. We do our best to keep families informed and appreciate when questions or concerns are brought to us directly. We're all on the same team when it comes to supporting your athlete, and clear communication helps everyone stay on the same page.

If something needs to be discussed, we kindly ask that it be done through a scheduled conversation or direct message—this gives us the space to listen, respond thoughtfully, and work toward a solution. Lobby talk and social media threads tend to create confusion rather than clarity, and we're committed to maintaining a positive, drama-free environment for our athletes and families.

Please allow 24–72 hours for a response. Some situations may require input from leadership or additional details to provide an accurate and helpful reply. We appreciate your patience and partnership!

We provide several ways to stay connected throughout the season:

- **BAND App:** Used for informational updates, practice notices, and sharing team photos. Posts or comments that cause confusion or disrupt the group dynamic may be removed at staff discretion.
- **Email:**
 - **Head Coach: Tiffany** – tiffany@gymkix.com
 - **Facility Director** - stefanie@gymkix.com
 - **Finance Director** - trixie@gymkix.com

***Additional coaching staff may rotate throughout the season (athletes may work with multiple coaches.)**

Please ensure your email and phone number are current, and that messages from BAND and GymKix are not being sent to your spam folder. The front desk may not always be able to answer team-specific questions, so we encourage reaching out directly to your coach or team leadership when needed.

If a parent or athlete's behavior is found to be intentionally harmful, disrespectful, or divisive, their athlete may be removed from the program at any point — without refund. We truly want every family to have a positive and rewarding experience, and that's only possible when everyone agrees to uphold a standard of mutual respect.

So please: don't be the exception. Be a good human. Be supportive. Use the proper communication channels. And let's all do our part to help these athletes grow, thrive, and finish the season strong — together.

Timothy 2:5

An athlete is not crowned unless he competes according to the rules.

Code of Conduct and General Regulations:

These regulations apply to all parents, spectators, and gymnasts. In most cases, a single warning will be issued for inappropriate behavior. However, **please note that certain actions fall under our zero-tolerance policy** and may result in immediate removal from the program **without refund**.

- Act professionally at all times, at all locations. As a member of the Cheer Angels, you will show the **utmost respect** to teammates, visitors, coaches, staff, family members, and competitors.
- Show **commitment and loyalty** to the team and its members. Team unity is crucial.
- Demonstrate a **positive attitude** and a genuine desire to strive for excellence.
- Bullying, profanity, abusive language, and inappropriate behavior or content (including social media posts on TikTok, Instagram, Snapchat, Facebook, texts, etc.) are **not allowed**. This is a **ZERO tolerance** policy. *(Parents: Please talk with your athlete about what they post — they represent their team and should do so with grace.)*
- Gossip, rumors, and passive-aggressive behavior — whether in person, in the lobby, or online — will **not be tolerated**. This includes intentionally stirring up conflict or attempting to divide the team or community. If you have a concern, bring it directly to the director or owners in a respectful manner. **If you're not part of the solution, you're part of the problem.** This is also a **ZERO tolerance** policy.
- Additional misconduct subject to disciplinary actions or dismissal includes (but is not limited to): any conduct that threatens the health, safety, or well-being of others; any behavior that is obscene, lewd, violent, negative, disrespectful, excessively loud, or unreasonably disruptive — whether at GymKix or at any event.

Practice Expectations

Our practices are designed to be productive, focused, and reflective of a professional environment. Athletes are expected to come prepared, both mentally and physically, and to treat training time with intention and respect. Our goal is to create a professional, focused, and encouraging environment where athletes learn to push themselves and manage their time wisely — skills that will serve them far beyond the cheer floor.

- **No cell phone use during practice.** Phones should be stored away unless given explicit permission by a coach. Checking messages, social media, or texting between events is a distraction to the athlete and the team.
- **Be on time, dressed appropriately, and ready to train.** Come ready to work with a water bottle and a smile on your face! Practices will be located in Studio B with some practices being in the main gym room as performance gets closer.
- **Practice Attire:** Shorts/Leggings, Shirt, and Athletic Sneakers (preferably all white) If shorts are loose fitting, please wear a pair of spandex shorts underneath. Hair must be pulled up away from the face. No dangling jewelry is permitted during practices and no jewelry at all is permitted during the performance.

Parental/Guardian Obligations (Scan the code to fill out the Team Acceptance Form)

- **Ensure your cheerleader arrives on time** for all practices, performances, and events. If your child will be late or absent, you must notify the director **in advance** to make alternate arrangements. Excessive absences, tardiness, or missed events **will impact your child's placement** within the routine.
- **Parents are responsible for all travel arrangements** for out-of-town events. This includes transportation, lodging, meals, spectator/parking fees, and any additional personal expenses such as souvenirs or activities.
- **Model and reinforce a positive, team-oriented attitude at all times.** We ask parents to support their athlete by helping promote encouragement, sportsmanship, and respect toward coaches, teammates, and staff — both at home and at the gym.
- **Stay informed.** It is your responsibility to read, understand, and act on information shared via our BAND group and in this handbook. If you're unsure about something, please ask — we're here to help you stay in the loop!
- If you have suggestions or insights that may help your child learn more effectively, we are absolutely open to having that conversation — just not through the glass. Please reach out to schedule a time to discuss those ideas respectfully and constructively.

Please scan the code below to acknowledge your acceptance of the policies and register your daughter for the Cheer Angels (or visit this link: [GymKix Cheer Angels - GymKix](#))